

FEBRUARY 2013



## BOHS 60 Year Anniversary

2013 is the 60th anniversary year for the British Occupational Hygiene Society. Founded as the professional body to represent the scientific discipline and the profession of Occupational Hygiene.

Occupational Hygiene is the monitoring and improvement of the interaction between people and their place of work. Which as can be appreciated, is a wide and varied scope.

BOHS works in conjunction with the Health and Safety Executive and UKAS, to define professional standards for compliance with UK Regulations.

As an active member of BOHS for the past 23 years, including being one of the first Proficiency module (P series) course providers and practical assessor, our MD is now hoping to stimulate BOHS activity in the East of England by becoming the Region's events organiser.

## WORK RELATED STRESS

Time off due to work related stress accounted for 40% of all time off work in 2012.

The main causes of work related stress are reported to be:

- ❖ Lack of Managerial support;
- ❖ Pressures of Workload;
- ❖ Bullying;
- ❖ Work related violence;

Get assistance from an On Advice consultant on the application of the HSE Management Standards to manage potential sources of work related Stress.

## MANAGEMENT SUPPORT

Business leaders are expected to have clear vision and direction, boundless physical energy and psychological belief.



Required to tirelessly drive company culture, enthuse

and motivate colleagues and defend their results.

On Advice offer a coaching service enabling those that carry such heavy expectations a chance to periodically and confidentially offload. Our facilitators will help to re-examine the current position, examine new angles, and add perspective. Providing an ongoing progress report with action plan.



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Let On Advice take some of the strain.

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